



# Mishawaka Communicator



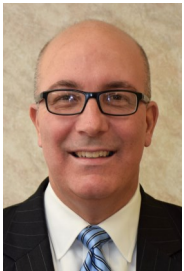
*Working together to build the "Best Hometown in America" by delivering exceptional services, promoting safe and clean neighborhoods, elevating the quality of life and inspiring pride in our community.*

Dave Wood, Mayor

[www.mishawaka.in.gov](http://www.mishawaka.in.gov)

July 2019

## A Letter from Mayor Dave Wood



### Summer in the City of Mishawaka

Summer is [finally] here and there is much happening in the City of Mishawaka. On your journey around the Riverwalk and around town, you may have noticed some new amenities, events, and construction. Here's an update on our many exciting recent events.

On Sunday, May 12th, the Mishawaka Parks Department kicked off the Mishawaka Farmers Market, which takes place in Central Park every Sunday from May 12th to September 8th, 11am to 3pm. This market has been a huge success and will only continue to grow every week. The market features local produce, goods, and crafted items. If you have not attended yet, make sure

you come and enjoy everything there is to offer. There is something for everyone here...bring the family!

On Saturday, June 1st, the ribbon cutting for Mary Gibbard Park was held with help from hundreds of students from LaSalle Elementary and the surrounding neighborhood. This newly renovated park has a new splash pad with a LaSalle Lions themed, 50-gallon bucket that will keep the kids coming back all summer. It features a 50-ft ZipKrooz® Zipline, a roller slide, boogie board, and sets of musical chimes. There is a Sway Fun Glider that is wheelchair accessible, a Little Free Library made by the students at Mishawaka High School, a Born Learning Trail, and a BMX bike park featuring beginner, intermediate, and advanced trails. A large pavilion and new restrooms have also been added to this Park. Since its opening, Mary Gibbard Park has been a hub of activity for the residents and children of this neighborhood.

On Thursday, June 6th, the ribbon cutting took place on the newly established performing venue in Central Park, followed by the kick-off of the summer concert series. This large stage is located at the south end of the looped walk surrounding the event lawn on the west side of the park. The stage uses a combination of materials to reflect both the history of Mishawaka and its continued

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## Seniors: Make Sure to Stay Hydrated

*Health Information from Saint Joseph Health System*

Seniors have a higher risk for dehydration, which occurs when the body loses more fluid than it takes in, and so doesn't have enough water and other fluids to carry out its normal functions.

"Dehydration in seniors can cause cognitive and mental disorders such as delirium, increase the risk of falls and lead to serious health complications," said Dr. Nathaniel Stewart, primary care provider at River Park Family Medicine in South Bend. "It is a frequent cause of hospitalization for older adults and can be fatal if undiagnosed."

Seniors often experience a reduced sensation of thirst. They may forget to drink fluids regularly, a common reason for dehydration in older adults. Some medications make ample hydration even more important.

Seniors, and those who care for them, need to be aware of the importance of drinking plenty of fluids is essential for preventing dehydration. Caregivers and family can help by :

- Offering fluids throughout the day.
- Making liquids readily available in small water bottles or sippy cups.
- Encouraging consumption of fluids with medication.
- Providing favorite beverages.

Water is best for hydration, but milk, fruit juices and low-sodium soups can provide variety to ensure enough fluid intake. Coffee and tea can have a diuretic effect and so should be consumed in moderation.

To learn more, visit [ThisCounts.org](http://ThisCounts.org)

## UPCOMING EVENTS

Jul 4	City Offices Closed
Jul 4	Fireworks (Central Park)
Jul 13	Fam-to-Fam Sale (Battell Center)
Jul 20	21 & Over Beach Bash (Merrifield Pool)
Jul 31	Chill With A Cop (Central Park)
Aug 2	Dodgeball Tourney (Battell Center)
Aug 3	Neon Glow Swim (Merrifield Pool)
Aug 9	Neon Glow Swim (Merrifield Pool)
Aug 10	Heritage Festival (Merrifield Park)
Aug 11	Pooch Plunge (Merrifield Pool)
Aug 17	Slide the Hill (George Wilson Park)
Aug 26	Senior's Night Out (Battell Park Bandshell)

## 80's Color Run

Saturday  
September 21, 2019  
12pm in Central Park

Early-Bird Registration  
ends July 19.

Register online at  
<http://mishawaka.in.gov/parksandrecreation>  
or contact Mishawaka Parks  
at (574) 258-1664.

## ONLINE ACCESS

	<a href="http://mishawaka.in.gov">http://mishawaka.in.gov</a>
	<a href="http://facebook.com/cityofmishawaka">http://facebook.com/cityofmishawaka</a>
	<a href="http://mishawaka.in.gov/communicator">http://mishawaka.in.gov/communicator</a>
	<a href="http://mishawaka.in.gov/parksandrecreation">http://mishawaka.in.gov/parksandrecreation</a>
	<a href="https://twitter.com/MishawakaMayor">https://twitter.com/MishawakaMayor</a>
	<a href="https://instagram.com/MishawakaMayor/">https://instagram.com/MishawakaMayor/</a>

## A Letter from Mayor Dave Wood *(continued)*

modern renaissance. The concrete and glacial stone form the base of the structure, which is reflective of much of the old Works Progress Administration (WPA) depression era stonework located along the parks downtown, while the modern fanned steel supports, roofing, and wood decking reflect the architectural transformation and rebirth of the City's urban core. Multicolored lights will illuminate the underside of the structure after hours. The summer concert series will be held at the Central Park stage every Thursday through the beginning of August starting at 6:30pm, weather permitting. Free exercise classes will be given throughout the summer, and the stage is also being used by local churches for Sunday morning services. Additional performances, including plays and other public gatherings, will be scheduled over time, and the stage is available for rental. Make sure to get out and enjoy a concert this summer either at the Battell Park Bandshell, Eberhart Clubhouse, or the Central Park Stage. A complete listing of events may be found on the City of Mishawaka website or Mishawaka Parks Facebook page.

On Friday, June 7th, the Mishawaka Parks Department, Mishawaka Building Trade students, and several community members joined me (Habitat for Humanity style) to start construction of the Mishawaka Education Foundation Community Greenhouse located across from Battell Community Center on Marion Street. This project was part of a community fundraising project through Patronicity and began when the Landscape & Gardening program from Mishawaka High School asked if the City would help with a fundraiser to build a new greenhouse. Since the project was announced and funded, several organizations have stepped forward to partner: Purdue University, Marian High School, Mishawaka Garden Club, St. Joseph Valley Master Gardeners, and Unity Gardens of South Bend. The Mishawaka Education Foundation spearheaded the fundraising effort with a generous gift of \$10,000. Lowe's has also committed to building outdoor raised beds for planting which will increase the production and functionality of the facility. What a great partnership and opportunity for the youth of our community! This project should be completed prior to the upcoming school year. Among other things, the students will grow landscape plants and flowers to help beautify our parks and streetscapes. We look forward to offering gardening classes through the Community Center, free of charge to the public. Of all the big projects that we have going on, I think I am most excited about this little one because of the way the Mishawaka community came together to make it possible.

If you have not attended a concert, the Farmer's Market, a festival, or fitness in the park, now is the time to do so and see what your city has to offer. There is much construction in the City of Mishawaka, both municipal and private, and positive change is coming to the downtown landscape. Next month I will feature other construction initiatives and timelines taking place in our Princess City.

Yours in Mishawaka,



## 2019 Summer Concert Series

### Battell Park

*Mondays 7:00-8:00 PM*

7/1	Elvis Tribute
7/8	Dick and Debbie
7/15	The 730 Club
7/22	Keith Millers Blast of the Past
7/29	Gravel Road
8/5	The Valleyaires
8/12	Jazz Assemblage
8/19	Rain Date
8/26	Harvest Dance Band (6p-9p)

### Eberhart Golf Course

*Wednesdays 6:30-8:00 PM*

7/10	JT Buffett
7/17	Not So Acoustic
7/24	Ginger & Her Baked Goods
8/7	Steve Michaels
8/14	Rain Date

### Central Park

*Thursdays 6:30-8:30 PM*

7/4	Memphis Underground
7/11	The 1985
7/18	Ground Control
7/25	Chris Cavanaugh
8/1	Saturday June
8/8	Rain Date

### City of Mishawaka Redevelopment Commission Summer of Service Home Improvements

Summer of Service is a collaborative effort between area churches and the City of Mishawaka, with the goal of making a significant impact on our community through kindness and outreach activities. These activities could and may include painting, landscaping and minimal repairs.

To be considered for the program, residents must apply and meet household income limits as established by HUD, as well as meet Redevelopment Department program guidelines. The current income limit for a household of 4 is \$52,500. Qualified elderly and disabled applicants will be given priority.

To complete an application for consideration, contact Program Coordinator Marilyn Nelums-Jones at (574) 258-1609.

### Mishawaka Historic Preservation Commission Coloring Contest

The Mishawaka Historic Preservation Commission is sponsoring a coloring contest to be judged at the Mishawaka Heritage Festival, August 10th in Merrifield Park.

Entries will be divided into three categories: Children (5-11), Teens (12-17), and Adults (18+). Prizes include Strikes and Spares gift certificates, a preserved piece of Main Jr. High gym floor, and more.

Forms can be picked up starting July 3rd at City Hall in Room 201, in the Main Lobby of the Battell Center, or downloaded from the website at <http://mishawaka.in.gov/hpc/news>.

Be sure to stop by our booth at the Heritage Festival!